

Meatless

August Lunch Menu ~ K -



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	= Vegetarian Option = Pork Free Menu		1	2
5	6	7	Friendly Reminder® Meal Applications from 2018 - 2019 expired June 30th. Fill out your NEW 2019 - 2020 meal application! Visit www.MurrietaSchoolNutrition.com	
12	13	14	15	16
- WELCOME - BACK TO SCHOOL		Beef Taco Wrap	Chicken Corn Dog	Hamburger on a bun
19	20	21	22	23
Cheesy Pizza	Beef Taco Wrap	Teriyaki Chicken Bowl w/ Brown Rice	Meatballs w/ Marinara & Texas Toast	Brunch for Lunch French Toast Chicken Sausage Patty
26	27	28	29	30
Macaroni & Cheese Cookie Day	Chicken Taquitos	Chicken Nuggets w/ Goldfish Crackers	Chili & Baked Tostito Scoops	Chicken Burger on a bun

Daily Produce Bar

Harvest of the Month



Salad Greens

- Apples
- Oranges
- Bananas
- Watermelon or Grapes
- Chilled Pears or Chilled Peaches
- Applesauce
- Local Strawberries
- Romaine Lettuce
- Baby Carrots
- Corn or Kidney Beans
- Green Beans or Cucumbers

* Selections vary seasonally and daily



PRICES
 Full Pay \$2.75 Reduced Pay \$0.40
 Bottled Water \$0.75 Milk or Juice \$.50
 Staff \$4.00 (includes tax)

DAILY ALTERNATE ENTREES
 Turkey & Cheese Sub Sandwich,
 Peanut Butter & Jelly Uncrustable Snack Pack
 or *Entrée Salad Bar with Cheese & Crackers*

Lunch Includes
 Unlimited Daily Produce Bar
 100% Fruit Juice & Choice of 1% White or Non-Fat Chocolate Milk